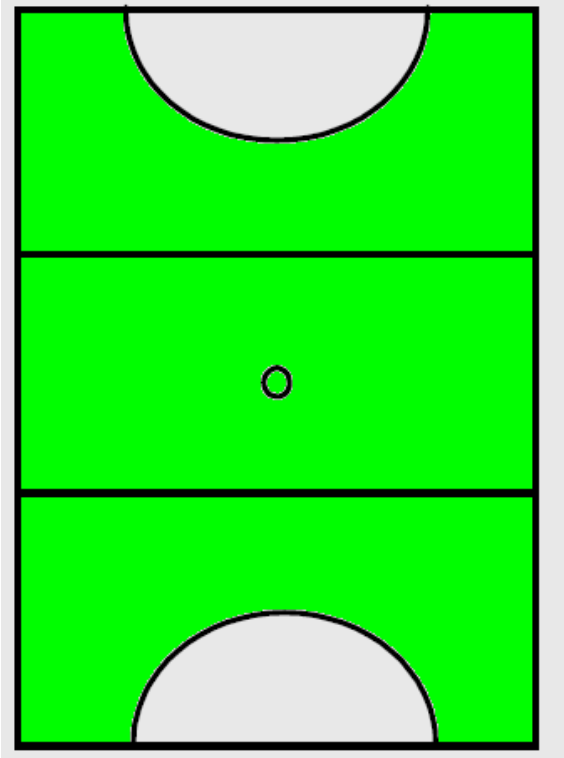




The Positions of the Game of Netball

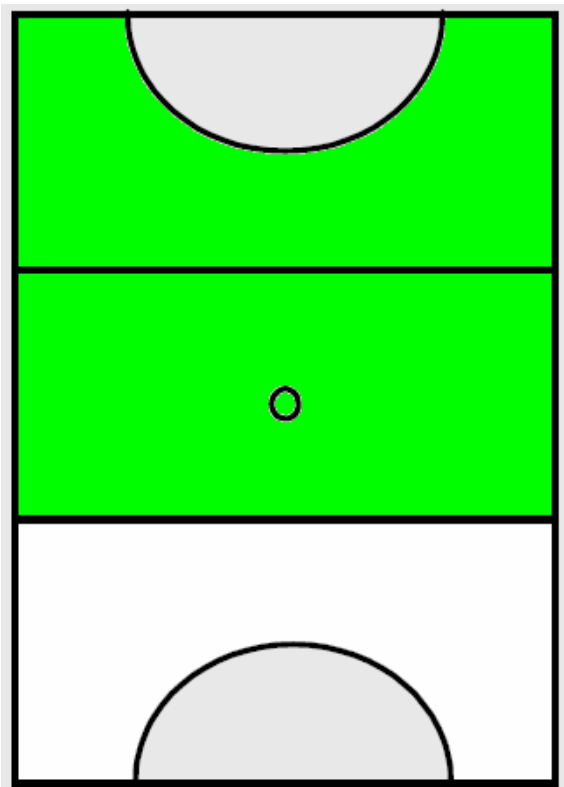


Centre (C)

The centre is the link player from the defence third to the goal third and plays an important role in both attack and defence.

Tasks

- Deliver the centre pass
- Make strong attacking moves, combining with the WA to deliver the ball to the shooters
- Closely defend opposition centre player
- Combine with WD to create pressure on the opposition at centre passes
- Take throw ins/free pass/penalty pass in the goal third



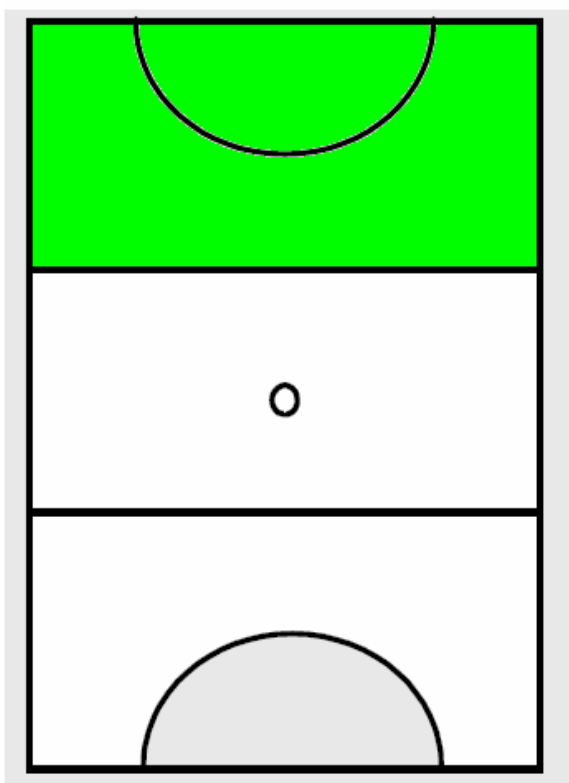
Wing Attack (WA)

The main task of the WA is to deliver the ball to the GS/GA using a variety of attacking moves.

Tasks

- Obtain the centre pass.
- Work with the C, GA, and GS on attacking strategies
- Take throw ins / free pass/ penalty pass in the goal third
- Feeding the circle
- Provide close defending of the opposition WD

The Positions of the Game of Netball

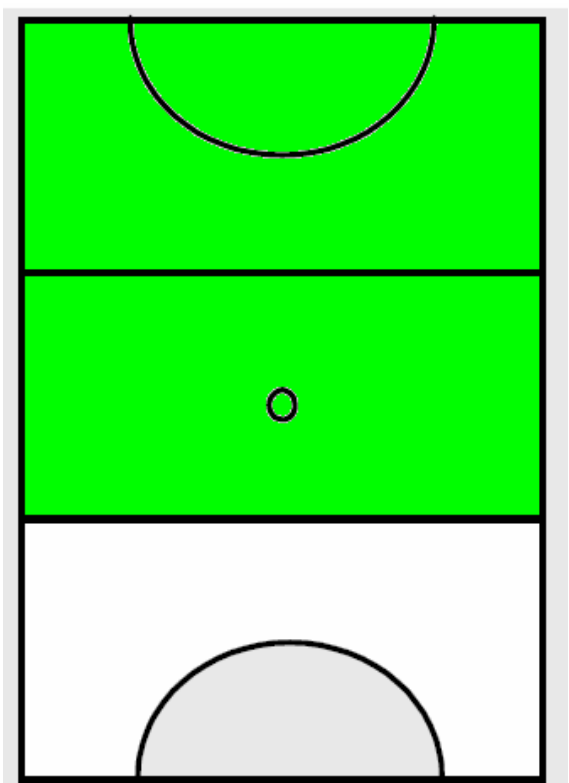


Goal Shooter (GS)

The main task of the GS is to shoot goals

Tasks

- Work with the GA to create a variety of leads in the goal circle
- Work with the GA, WA and C on attacking strategies in the goal circle.
- Rebound missed shots
- Provide close defence of the opposing GK



Goal Attack (GA)

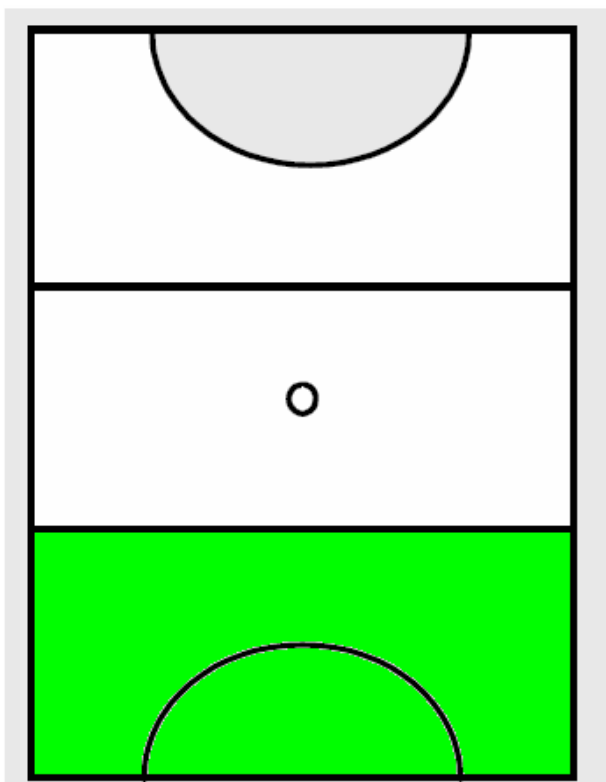
The GA shares the goal shooting responsibilities with the GS

Tasks

- Combines with the GS to offer a variety of leads in the goal circle
- Work with the C and WA to bring the ball through the centre third and goal third into the circle
- Rebound missed shots
- Provide close defending of the opposing GD



The Positions of the Game of Netball

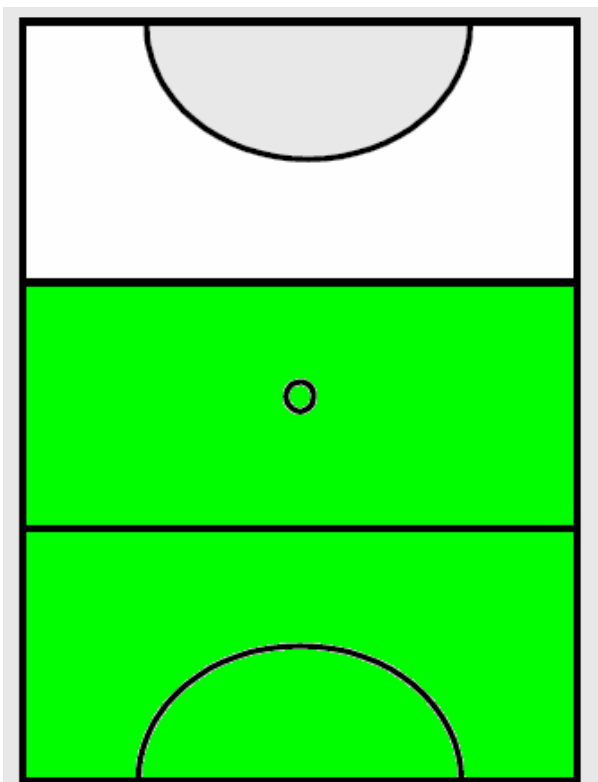


Goal Keeper (GK)

The main task of the GK is to defend the goal third to prevent the ball from making it to the goal circle, and to stop a goal being scored. Their opponent is the GS

Tasks

- Close "one on one" defence of the goal shooter
- Work closely with the GD in the goal circle
- Defend the shot for goal (except netta)
- Rebound missed goals and pass the ball down the court
- Take throw ins from the base line and sideline
- Make attacking moves to take the ball down to the transverse line
- Take free pass/penalty pass in the goal third



Goal Defence (GD)

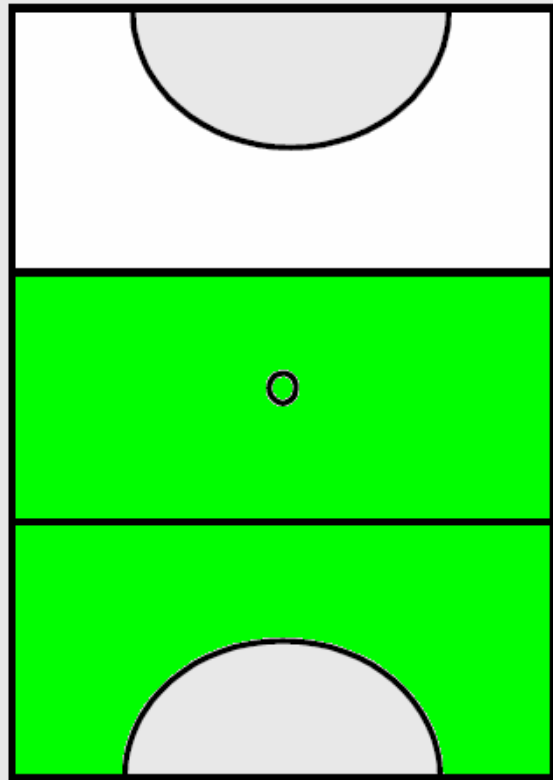
The main task of the goal defence is to defend the attacking moves of their opponent, the GA, to prevent a goal being scored.

Tasks

- Close "one on one" defence of the GA
- Work closely with the GK in the goal circle
- Defend shots for goal (except in netta games)
- Rebound missed shots for goal
- Make attacking moves to take the ball down to the team's goal third
- Take appropriate throw ins/free pass/penalty pass in the centre third



The Positions of the Game of Netball

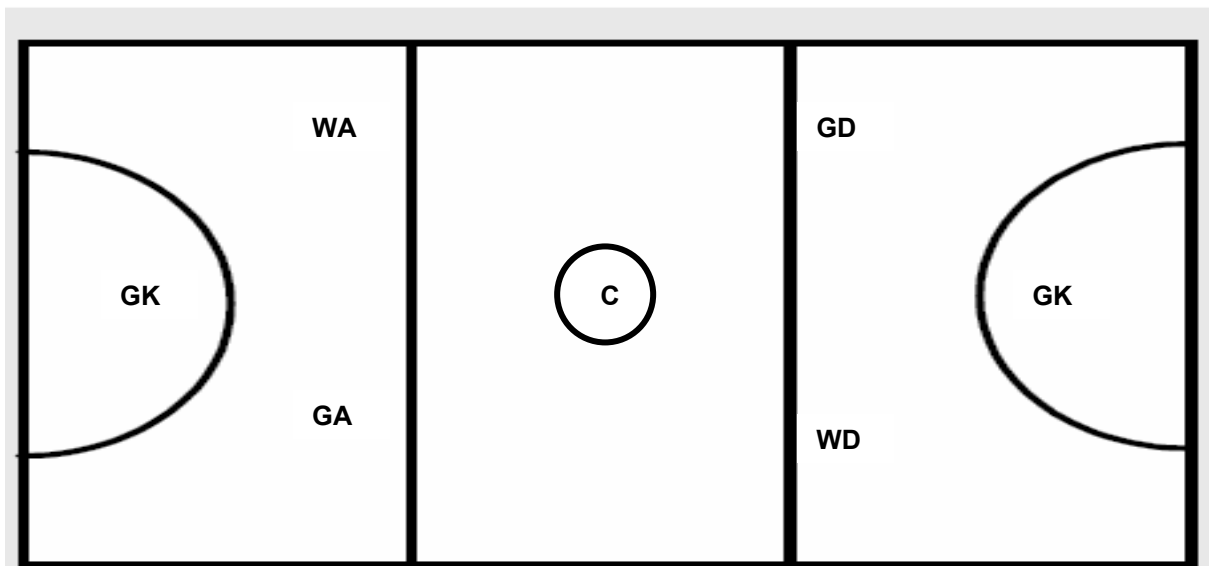


Wing Defence (WD)

The main task of the WD is to defend the attacking moves of their opponent. The WA, at the centre pass, around the goal circle and throughout the centre and goal thirds

Tasks

- Close “one on one” defence of the WA.
- Force errors, close off spaces and intercept passes
- Make attacking moves, to take the ball to the team’s goal third
- Take appropriate throw ins/free pass/penalty pass in the centre third



What is needed to play?

A court: see above.

Goal Posts : two posts one positioned at each side of the court.

Post Heights: Netta (8 to 10yrs) is 2.4 metres (8feet), Netball 3.05 metres (10feet)height

Ball size: Netta size 4 ball, Netball size 5 ball