



## What is PAS?

PAS is short for Player Appraisal System - a simple and straight-forward tool for Coaches/Managers to track and measure progress, record comments and document player attendance quickly - you will end up with an easy to complete report for the season! In the Coaches Locker Room on Team App, you can download the xl workbook and keep everything in the one place, simple and easy! It's a workbook with 3 sheets:

- Skill Appraisal
- Skill Progression Explained
- Attendance Recording

Recognising where a player is at with their skill progression will help you plan and progress your season without making things complicated - in the world of netball players are developed across skill sets using a rating system of 1 - 5 or Novice to Expert, this is explained in very simple terms and is easy to score.

The Skill Progression Sheet is a great way to provide player and parent feedback that is meaningful and simple to follow - just use a highlighter and colour in the boxes!

Check it out now on Team App!

**Download the Team App from the app store** - this App works with all phones and allows access from your computer also. Register a user name and password and you'll be able to request membership as part of the "Mosman Coaches" team - fill out a few details, select your age group and click for permission - we'll get you approved and up and running straight away. Here's the link <https://www.teamapp.com>. The special "Mosman Only" world of coaching support is now at your fingertips!



Any questions? Give us a call - Craig 0418166755 or Tracey 0417068850  
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